

Immaculate Conception/St. Joseph Newsletter

www.boscocatholic.org

September 28, 2017

The Bosco Catholic School System provides students and families with academic, spiritual, moral, and sacramental formation so that they are prepared to be faithful disciples who are the light of Christ in the world.

Conference Sign Up

The online conference scheduler will be live through Sunday, October 8 at midnight. Instructions for scheduling your conferences online may be found in last week's newsletter.

After scheduling your conferences, please print or write down your conference schedule. You will not be able to go back to the scheduler after October 8 at midnight.

Hot Lunch Reminder

Reminder that with hot lunch being a federal program we are required to have a policy to avoid negative balances. Our policy is:

The policy of Bosco Catholic Schools is to offer lunches to all students within the district. As a student's account balance approaches a zero balance or becomes negative, the following procedures will apply.

- Students may charge any combination of meals and milks to a negative balance of \$6.00.
- When the negative \$6.00 charge limit is reached an alternate sandwich and milk will be served for lunch until charges are paid in full. This alternate lunch will not be charged to the student's account.

Students receiving this alternate lunch will not be allowed to have seconds or purchase extra milk. If the student attempts to purchase a milk, 2nd meal or 2nd entree with cash, the money must first be applied to the negative balance.

Parents are notified of low balances via email from district@wordwareinc.com. Please make sure that this address is in your contact list.

- Starting at a balance of \$10 emails are sent on Mondays.
- Once the balance has dropped below \$1.00 emails will be sent daily Monday-Friday.

Several families are beginning to run out or run low on their initial deposit for the year. Please be prompt in making deposits to your family lunch account

No Waterloo buses Thursday, October 12.

Picture retakes will be Tuesday, October 17.

Homecoming

Tomorrow, September 28, will be an out of uniform Spirit Day. ALL students are encouraged to show their support by wearing Bosco Catholic School colors. Please use good judgement when showing your spirit as it is a Mass day at IC! (No sweat pants, no yoga pants, no leggings as pants.) The football game vs Kee High of Lansing at 7:00pm.

Tuition Statements

Tuition statements will be emailed on Friday, September 29. Please look them over carefully. If you have your tuition through ACH, please make sure that what is taken off your tuition statement is the amount that was taken from your bank account. Please contact me with any questions. Leigh Anne Schares 319-296-1692 or email lschares@boscocatholic.org.

Fire Safety House

The Gilbertville Fire Department is bringing the Blank Children's Hospital Fire Safety House for our students in grades 2-5 to tour on October 5. The Fire Safety House has taught many children how to recognize fire hazards and not hide, but to get out alive. Permission forms are going home today.

Book Fair

IC-St. Joseph will be having a Scholastic Book Fair during conferences on Tuesday & Thursday, October 10 & 12. All profits from the Book Fair go to purchasing books for our libraries.



The following homerooms met their Box Tops goal and earned a jean day with their spirit or uniform shirt Wednesday,

October 4. Mrs. Bolick, Mrs. Neverman, Mrs. Ownby, Ms. McMaster, Mrs. Wellman, Mrs. Olson, Mrs. Schroeder, Mrs. Gutierrez, Mr. Kellogg.

Please send all newsletter items to icsnewsletter@boscocatholic.org by 3:00pm on Wednesday, October 4.

Magazine Sale

Our magazine sale, cookie dough, and Cinnabon fundraiser ends Wednesday, October 4.

- Make all checks payable to Bosco Catholic
- To order online visit www.gaschoolstore.com Enter our school code # 2602431 Enter student's name and start shopping!
- All online orders placed during our sale are eligible for prizes!
- Sell items from the catalogs. Fill out the order form neatly and make checks payable to our school. Please write student's name on all checks/money orders. We need all students support to reach our goal! This is a huge fundraiser for our school! So ask the people at work, your neighbors, relatives, and people from your parish.
- All orders need to be turned in on Wednesday, Oct. 4.

Nurse's Notes

The calendar says fall has arrived. Someone forgot to tell Mother Nature but every day without snow is a good day. Some tips for a healthy fall include getting your flu shot. There have already been cases of Influenza reported in Iowa per the Iowa Department of Public Health. Drink water to stay hydrated. Eat pumpkins. Pumpkin is a good source of Vitamins A and C and has been shown to lower cholesterol levels. Put down the electronic devices and head outdoors for a walk. Eat like an athlete not a couch potato. Try to get 5 servings of fruits and vegetables and no, potato chips are not a vegetable. Try to avoid buying the Halloween candy too early. Visit or write a letter to a shut in. You will both benefit from this. Get started on a healthy autumn. Marianne Hickey RN

Saints & Virtues

As we move into October, students in K - 8 will be looking at Saints who are good examples of studiousness. When I first think of that word, I think working hard in school to learn lots and get good grades. When looking at virtues, studiousness means seeking knowledge to grow closer to Truth, which is God. Gaining this knowledge takes real and consistent effort, and is never finished. From John 17:3 - "this is eternal life: that they might know You, the only true God, and Jesus Christ, Whom You have sent."

Middle School students will look at the life of Saint Edith Stein. She was born a Jew. Influenced by the example of some of her friends, Edith Stein worked hard to know the truths of Catholicism. She eventually became a nun. Edith Stein is an example of diligent studiousness, while her friends are examples of how God calls us to be Christian disciples. Kathy Millett

Special Presentation at Bosco Catholic

The Bosco Catholic School System is excited to have Jeff Veley (see bio below) come on Wednesday, Oct. 11 to talk about bullying. Jeff will provide skills and strategies to help students, staff, and parents. To learn more visit <http://www.jeffveley.com/about/>
The parent session is 6:30 - 8:00pm.

Immaculate Conception Harvestfest is Oct. 15, 2017

STILL NEED HELP – Harvestfest sign-up continues this weekend Sept. 30 & October 1 in the Heritage Room before and after Masses. We need over 160 people to help fill these time slots. **PLEASE** be generous with your time. Please sign up to save us from the work of making phone calls to ask for help. **We have many spots left to fill.** You may contact Carol Berry at berryeven@yahoo.com or 319-291-9076 to sign up.

Sunday's Word - 26th Sunday in Ordinary Time

Synopsis

Jesus said to the chief priests and elders of the people: "A man had two sons. He came to the first and said, 'Son, go out and work in the vineyard today.' He said in reply, 'I will not,' but afterwards changed his mind and went. The man came to the other son and gave the same order. He said in reply, 'Yes, sir,' but did not go. Which of the two did his father's will?"

One-Minute-Homily

- We often promise to do something we have no intention of doing--it's a polite way of (not) saying "no". And we often avoid saying "yes" outright because we're afraid of the commitment or responsibility it entails.
- Who knows what motivated the two sons in today's Gospel, but Jesus' point is clear: what we do is, in the end, more important than what we say. It is what we do that changes things, not empty promises.
- For Christians, the challenge is always to be what we say we are, to "walk the talk," as they say, and in the end it's the walk that counts most because that's what makes the difference (which might be a consolation to parents who worry because their children don't say they are Christian, but act like it anyway.)
- All the pious and sacred words in the world won't make Eucharist really real if the people gathered there don't act like Christ is present in their midst.

For Reflection or Discussion

Question for Children: Do you ever say you will do something but then don't do it? What do you think Jesus thinks about that?

Question for Youth: Do you ever feel like you say no, (or say yes and don't mean it) as a way of testing authority or proving your emerging independence?

Question for Adults, Families and Faith Communities: We say a lot about who we are as Catholic Christians; in what ways do we fail to act in a way which is consistent with our words?



Bosco Catholic PTO Programs

Our school participates in the following programs:



BOX TOPS for EDUCATION ~ Our school receives **10¢** for each Box Top that we send in. Box Tops do have expiration dates, so please send them in often. There are always sweepstakes on their website to help the school earn additional rewards. **Signup is FREE!** Go to www.boxtops4education.com to sign up.



Box Tops has a **BONUS APP** which is **in addition to** clipping Box Tops.

You can earn Bonus Box Tops in the Box Tops Bonus App in combination with the on-pack Box Tops clip and any other coupon, discount, store program or promotion.

DOWNLOAD THE APP TODAY!



HyVee Cash 4 Students ~ Our school receives **\$1.00** for every \$250 in receipts submitted.



KwikTrip / Kwik Star Milk Moola ~ Our school receives **5¢** for every cap and bag top submitted. There are no limits to the amount of money our school can receive.



Coca Cola Gives (coke.com/offers) ~ Collect Coca Cola codes to give money back to our school. You can sign up for free OR just send the codes to school and we will redeem them for you. The easiest way to find our school is to search by Zip Code (50634).



Tyson A+ Rewards ~ Collect product labels and turn them into school. Every label = **24¢** for our school!

HOW MUCH IS MY CODE WORTH?					
SEE HOW WE REACHED THESE VALUES.					
35-PACK	\$0.38	12-PACK	\$0.15	20 OZ	\$0.05
32-PACK	\$0.38	8-PACK	\$0.12	24 OZ	\$0.05
30-PACK	\$0.38	6-PACK	\$0.08	1 LITER	\$0.05
28-PACK	\$0.38	12 OZ	\$0.05	1.25 LITER	\$0.05
24-PACK	\$0.30	12.5 OZ	\$0.05	1.5 LITER	\$0.05
20-PACK	\$0.27	14 OZ	\$0.05	2 LITER	\$0.05
18-PACK	\$0.23	16 OZ	\$0.05	2.5 LITER	\$0.05
15-PACK	\$0.23	0.5 LITER	\$0.05	50 OZ	\$0.05

Amazon Smile



You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at smile.amazon.com

Ronald McDonald



Ronald McDonald House Charities® Eastern Iowa & Western Illinois

Fun Fact: At a recycling rate of \$0.30-\$0.60 per pound, it takes 112 pounds of pop tabs to cover the cost for a family for ONE night!

Pop Can Recycling

Donate redeemable cans and bottles to Bosco Catholic School System, located on the north end of DBHS.

Paper Recycling

Bring paper, newspapers, phone books, soft cover text books, magazines, cereal boxes, etc. to the trailer in the north end of the plaza.

Please **NO GARBAGE!**

Please let us know if we are missing any programs! Please return all items to school.



CLIPPING IS EASY! Find Box Tops on hundreds of products you know and love

RECORTA BOX TOPS Y RECAUDA DINERO PARA TU ESCUELA!

It's easy to find Box Tops. In fact, you may have some in your home right now. Clip Box Tops from your favorite products and turn them in to your child's school today! Box Tops are each worth 10¢ and they add up fast!

Encontrar Box Tops es fácil. De hecho, tal vez tengas algunos en tu casa en este momento. Recorta Box Tops de cientos de tus productos favoritos. Cada cupón de Box Tops tiene un valor de 10¢ para tu escuela y esas cantidades se suman rápido!

BAKING & BAKEWARE

HORNEADO Y PRODUCTOS PARA HORNEAR

- Annie's® Baking Mixes
- Fiber One™ Mixes
- Reynolds® Genuine Parchment Paper
- Reynolds® Non-Stick Baking Pans
- Reynolds® StayBright Baking Cups

CEREAL CERALES

- Annie's®
- Apple Cinnamon Toast Crunch™
- Batman™ Chocolate Strawberry
- Basic 4™
- Blueberry Chex™
- Blueberry Toast Crunch™
- Cascadian Farm™
- Cascadian Farm™ Farm Stand Harvest Granola
- Cheerios™
- Chex™
- Cinnamon Toast Crunch™
- Girl Scouts Thin Mint® Cereal
- Girl Scouts Caramel Crunch® Cereal
- Golden Grahams™
- Kix™
- Lucky Charms™
- Nature Valley™ Oat Cereals
- Nature Valley™ Protein Crunchy Granola
- Oatmeal Crisp™
- Raisin Nut Bran
- Reese's Puffs®
- Strawberry Toast Crunch™
- Total™
- Trix™
- Wheaties™

FOOD STORAGE

CONTENEDORES PARA ALIMENTOS

- Ziploc® brand Big Bags XL (4 ct.)
- Ziploc® brand Freezer Bags
- Ziploc® brand Smart Snap Containers
- Ziploc® brand Storage Bags
- Ziploc® brand Twist 'n Loc® Containers
- Ziploc® brand VersaGlass® Containers
- Ziploc® brand Vacuum Freezer System
- Ziploc® brand Zip 'n Steam™ Bags

FROZEN CONGELADOS

- Annie's® Frozen Snacks
- Green Giant™ Vegetables
- Pillsbury™ Toaster Strudel™
- Totino's™ Party Pizza® & Pizza Rolls® Snacks

HOUSEHOLD CLEANING

LIMPIEZA DEL HOGAR

- Finish® Dishwashing Detergent
- Lysol® Bathroom Cleaners
- Lysol® Disinfectant Spray & Wipes

MEALS & SIDES

COMIDAS Y GUARNICIONES

- Annie's® Mac & Cheese
- Annie's® Microwaveable Mac & Cheese Cups
- Annie's® Soups
- Betty Crocker™ Specialty Potatoes & Potato Buds
- Betty Crocker™ Suddenly Salad
- Green Giant™ Canned Vegetables
- Hamburger Helper™
- Old El Paso™ Bold Stand n' Stuff Shells
- Old El Paso™ Dinner Kits
- Old El Paso™ Rice & Beans
- Old El Paso™ Shells & Seasonings
- Old El Paso™ Soft Tortilla Taco Boats
- Old El Paso™ Stand n' Stuff Shells

PAPER PRODUCTS PRODUCTOS DE PAPEL

- Select Kleenex® Tissue bundles
- Scott® Bath Tissue
- Scott® Paper Towels
- Scott Naturals™ Flushable Cleansing Cloths

PRODUCE FRUTAS Y VERDURAS

- Green Giant™ Fresh Herbs
- Green Giant™ Fresh Vegetables

REFRIGERATED & DAIRY

REFRIGERADOS Y LÁCTEOS

- Annie's® Refrigerated Dough
- Annie's® Yogurt Tubes
- Go-Gurt® Multipacks
- Land O'Lakes® Cheese Products
- Land O'Lakes® Fresh Buttery Taste® Spread (Sticks and Tubs)
- Land O'Lakes® Margarine (Sticks and Tubs)
- Land O'Lakes® Sauté Express® Sauté Starter
- Land O'Lakes® Stick Butter or Spreadable Butter Products
- Pillsbury™ Refrigerated Cookies
- YoPlait® Original and YoPlait® Light Fridge Packs

SCHOOL & OFFICE SUPPLIES

ARTÍCULOS PARA ESCUELA Y OFICINA

- Boise POLARIS® Premium Paper
- Boise® FIREWORX® Premium Colored Paper

SNACKS BOCADILLOS

- Annie's® Cookies
- Annie's® Crackers
- Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Organic Popcorn
- Annie's® Organic Puffs
- Annie's® Snack Mix
- Betty Crocker™ Fruit Flavored Snacks
- Bugles™
- Cascadian Farm™ Granola Bars
- Cereal Treat Bars
- Chex Mix™
- Fiber One™ Bars, Brownies, Cookies, and Streusel
- Food Should Taste Good™ Snacks
- Gardetto's™ Snacks
- LARABAR™ (multipacks)
- Larabar™ RENOLA Grain Free Granola
- Mott's® Medleys Fruit Flavored Snacks
- Nature Valley™ Backpacker Chewy Oatmeal Bites
- Nature Valley™ Baked Oat Bites
- Nature Valley™ Bars
- Nature Valley™ Biscuit Sandwiches
- Nature Valley™ Clusters
- Nature Valley™ Granola Bites
- Nature Valley™ Granola Cups
- Nature Valley™ Protein Soft Baked Granola Bites
- Nature Valley™ XL Sweet & Salty Bars

TABLEWARE MANTELERÍA

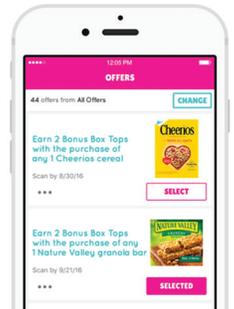
- Hefty® Deluxe™ Plates and Platters
- Hefty® Easy Grip® Cups
- Hefty® Everyday™ Cups
- Hefty® Everyday™ Soak Proof Plates and Bowls
- Hefty® Printed Cups
- Hefty® Style Plates
- Kleenex® Dinner Napkins (50 ct.)

WASTE BAGS BOLSAS DE BASURA

- Hefty® Blackout Tall Kitchen Drawstring Bags
- Hefty® Cinch Sak Large Trash Bags and Lawn & Leaf Bags
- Hefty® Easy Flaps® Tall Kitchen Bags and Large Trash Bags
- Hefty® OdorBlock® Tall Kitchen Drawstring Bags
- Hefty® Renew® Tall Kitchen Bags and Trash Bags
- Hefty® SteelSak® Trash Bags
- Hefty® Twist Tie Tall Kitchen Bags and Trash and Lawn & Leaf Bags
- Hefty® Ultimate
- Hefty® Ultra Flex® Trash Bags

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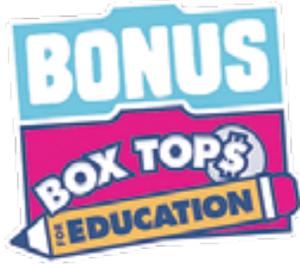
Gane Box Tops adicionales mientras compra, con la **APLICACIÓN DE BONOS DE BOX TOPS**. Ve cómo funciona en BTFE.com/bonusapp



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EARN.

WATCH EARNINGS
STACK UP.



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Get cash for your school!



Tyson® products help give kids and families the protein they need for the busy back-to-school season. And Tyson Project A+™ product labels can turn every purchase into cash for your school. **Every label = 24¢!**

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Parents can start collecting labels today!
Look for the Tyson Project A+ label on Tyson products.



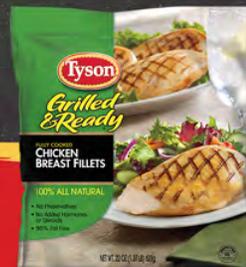
Great for giving kids the protein they need for homework and after school activities.



A family-pleasing dinner that's quick and easy at the end of a busy day.



Hearty, delicious, on-the-go snacks – perfect for hectic family schedules.



Eating right made easy – helps you stay on track when time is tight.



The protein kids need with a taste they love! Made with whole grain breading.

MEET JEFF VELEY

Jeff Veley is known as the *Practical Expert on Youth Empowerment*. His mission is to equip students with the social and emotional skills that empower them to face adversity, grow in resilience, and solve their own social problems. Widely recognized for his ability to connect with diverse audiences through clean comedy, real-life stories, Jeff shares the life-changing message of resilience education for bullying prevention.

Jeff's message has reached **over one million people in eight countries**, touching the lives of students at schools, detention centers, and national conferences. In addition, he provides professional training seminars for parents, educators, and mental health professionals. He teaches the *Peace Sign Approach*, a psychological approach to social aggression.

Drawing from his experience working in the social work field and time spent teaching students in an educational setting, Jeff shares wisdom well beyond his years. His stories of walking through difficult situations with students often mirror his own story of struggle growing up. Relentlessly tormented at school and abused at home, Jeff learned the social and emotional skills needed to survive, and later to thrive in a challenging and hurtful environment. He candidly shares these moments with his audience while teaching life-changing skills that empower individuals to rise above their circumstances.

As an expert known for practical solutions that help kids make friends and manage enemies, Jeff is frequently featured on radio and television. His on-air contributions include appearances on **NBC, ABC, FOX, TV Chile International** as well as numerous local TV and radio stations. A respected leader in his industry, Jeff has served as the Program Manager for *Be Strong Global*. Currently he hosts and produces *Love Changes It All*, a weekly radio feature for parents and serves as the Chief Representative for the *Campus Peace-Building Initiative*.

Jeff and his program are recipients of the **Golden Rule International Award**, presented by the *Interfaith Peace-Building Initiative* of the *United Nations* for effectiveness in teaching conflict resolution skills. The U.N. officially recognizes Jeff as a **World Peace Ambassador** in over 120 nations of the world. An outspoken voice for vulnerable and victimized youth, Jeff serves as a mentor, sponsor, and advocate to at-risk youth both locally and globally.

