

# Infant, Toddler, Preschool Age – Child Health Form

## PARENTS/GUARDIAN (Complete pages 1 and 2 – Child Information)

Child's name	Child's birthdate	Child Care Facility: _____ Telephone #: _____
Parent/Guardian name #1		Parent/Guardian name #2
Child home address #1		Telephone # 1
Child home address #2		Telephone #2
Where parent/Guardian # 1 works	Work address	Home phone # Work # Cellular # Home email Work email
Where parent/Guardian # 2 works	Work address	Home phone # Work # Cellular # Home email Work email
<p><b>In the event of an emergency, the child care provider is authorized to obtain EMERGENCY MEDICAL or DENTAL CARE even if the child care facility is unable to immediately make contact with the parent/guardian. <input type="checkbox"/> YES <input type="checkbox"/> NO</b></p> <p><b>During an emergency the child care provider is authorized to contact the following person when parent or guardian cannot be reached.</b></p> <p>Parent/Guardian signature: _____ Date: _____</p> <p><b>Alternate emergency contact person's name:</b> _____ Phone #: _____</p> <p>Relationship to child: _____ Cellular #: _____</p>		
Child's doctor's name	Doctor telephone # 1	Hospital choice: _____ _____ <b>Phone #:</b> _____
Doctor's address	After hours telephone #	Does child have health insurance? <input type="checkbox"/> Yes, Company: _____ _____ <b>ID #:</b> _____
Child's dentist's name (or family's dentist name)	Dentist telephone # 1	Does child have dental insurance? <input type="checkbox"/> Yes, Company: _____ _____ <b>ID #:</b> _____
Dentist's address	After hours telephone #	<input type="checkbox"/> <b>NO, we do not have health insurance.</b> <input type="checkbox"/> <b>NO, we do not have dental insurance.</b>
Other health care specialist name	Telephone #	<input type="checkbox"/> <b>Please help us find health or dental insurance.</b>
Type of specialty		

Child Name:

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**PARENTS/GUARDIAN** Complete this page.

Child's name: \_\_\_\_\_

Tell us about your child's health. Place an **X** in the box  if the sentence applies to your child. Check *all* that apply to your child. This will help your health care provider plan your child's physical exam.

**Growth.** I am concerned about my child's growth.

**Appetite.** I am concerned about my child's eating/feeding habits or appetite.

**Rest.** I am concerned about the amount of sleep my child needs.

**Illness/Surgery/Injury.** My child had a serious illness, injury or surgery.

Please describe:

**Physical Activity.** My child must restrict physical activity.

Please describe:

**Development and Learning.** I am concerned about my child's behavior, development or learning.

Please describe:

**Allergies.** My child has allergies. (Medicine, food, dust, mold, pollen, insects, animals, etc.)

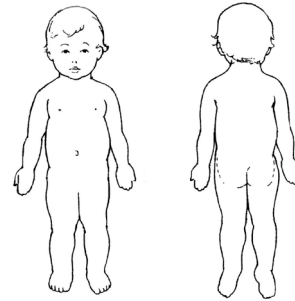
Please describe:

**Special Needs Care Plan.** My child has a special needs care plan. (IEP, IFSP, Asthma Action Plan, Food Allergy Action Plan, etc.)

**Please discuss with your health care provider.**

**Body Health.** My child has problems with skin, birthmarks, Mongolian spots, hair, fingernails or toenails.

Map and describe color/shape of skin markings, birthmarks, scars, moles



Eyes\vision, glasses

Ears\hearing, hearing aids or device, earaches, tubes in ears

Nose problems, nosebleeds, runny nose

Mouth, teething, gums, tongue, sores in mouth or on lips, mouth-breathing, snoring

Frequent sore throats or tonsillitis

Breathing problems, asthma, cough, croup

Heart, heart murmur

Stomach aches, upset stomach, spitting-up

Using toilet, toilet training, urinating

Bones, muscles, movement, pain when moving, uses assistive equipment

Nervous system, headaches, seizures or nervous habits (like twitches)

Needs special equipment

List equipment:

**Medication.** My child takes medication. (List the name of medication, time medication taken, and the reason medication prescribed.)

Parent/Guardian questions or comments for the health care provider:

## Infant, Toddler, Preschool Age – Child Health Form

### Health professional complete this page

Child's name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age today: \_\_\_\_\_

Date of exam: \_\_\_\_\_

Height/length: \_\_\_\_\_ Weight: \_\_\_\_\_

BMI (start at age 24 months): \_\_\_\_\_

Head circumference (age 2 years and under): \_\_\_\_\_

Blood pressure (start at age 3 years): \_\_\_\_\_

Hgb or Hct (at 12 months): \_\_\_\_\_

Lead risk assessment: \_\_\_\_\_

Blood lead level: Date \_\_\_\_\_ Results \_\_\_\_\_

### Sensory Screening

Vision assessment: \_\_\_\_\_

Vision acuity: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing assessment: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

Tympanometry (may attach results)

### Developmental Screening

*n = normal limits; otherwise describe*

Developmental screening results: \_\_\_\_\_

Autism screening results: \_\_\_\_\_

Psychosocial/behavioral results: \_\_\_\_\_

Developmental referral made today:  Yes  No

Heart: \_\_\_\_\_

Lungs: \_\_\_\_\_

Stomach/abdomen: \_\_\_\_\_

Genitalia: \_\_\_\_\_

Extremities, joints, muscles, spine: \_\_\_\_\_

Skin, lymph nodes: \_\_\_\_\_

Neurological: \_\_\_\_\_

Health care provider comments:

### Allergies

Environmental: \_\_\_\_\_

Medication: \_\_\_\_\_

Food: \_\_\_\_\_

Insects: \_\_\_\_\_

Other: \_\_\_\_\_

### Immunizations Please attach:

- Iowa Department of Public Health  
Certificate of Immunization
- Iowa Department of Public Health  
Certificate of Immunization Exemption Medical
- Iowa Department of Public Health  
Certificate of Immunization Exemption Religious
- TB testing completed (only for high-risk child)

### Medication Name

### Dosage

- Diaper crème: \_\_\_\_\_
- Fever or pain reliever \_\_\_\_\_
- Sunscreen \_\_\_\_\_
- Other: \_\_\_\_\_

Other medication should be listed with written instructions for use in child care. Medication forms available at [www.idph.iowa.gov/hcci/products](http://www.idph.iowa.gov/hcci/products)

### Referrals Made

- Referred to **hawk-i** today (1-800-257-8563)
- Other: \_\_\_\_\_

### Health Provider Assessment Statement

- The child may participate in developmentally appropriate early care/learning with **NO** health-related restrictions.
- The child may participate in developmentally appropriate early care/learning with **with restrictions** (see comments).
- The child has a special needs care plan. Type of plan: \_\_\_\_\_  
(please attach)

Signature: \_\_\_\_\_

May use stamp.

Check the provider credential type:

MD  DO  PA  ARNP

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Iowa Child Care Regulations require an admission physical exam report within the previous year and annually. The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (Bright Futures 2015) [https://www.aap.org/en-us/Documents/periodicity\\_schedule.pdf](https://www.aap.org/en-us/Documents/periodicity_schedule.pdf)